

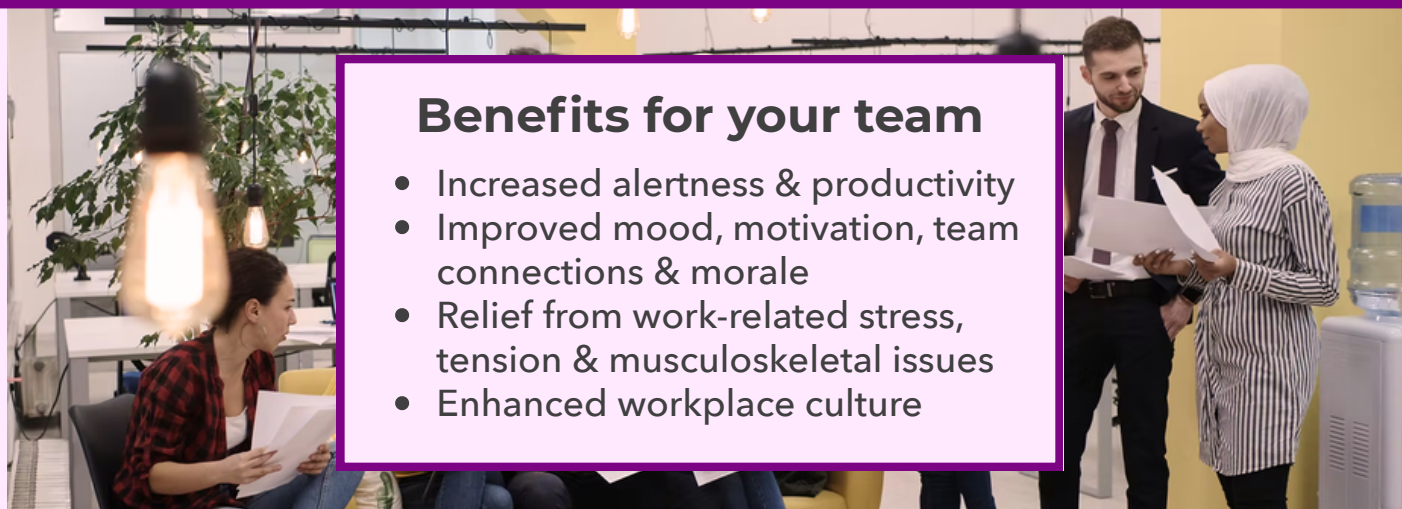
Corporate Offer

Wellness that comes to you

At Women + Health, we specialise in delivering transformative corporate wellbeing experiences that nurture your team's health and happiness.

What we offer:

- **15-30 Minute Therapy Sessions:** Relaxing chair-based massage with clothes on designed for ease and comfort to relieve stress and physical tension.
- **Group (Chair) Yoga, Mindfulness, or Women's Circles:** Perfect for promoting relaxation, holistic health, and fostering a sense of connection.
- **Custom One-off Wellbeing Events:** Tailored packages to suit your workplace or event, ensuring a meaningful experience for your staff and clients.



Be part of something bigger

Women + Health create a sanctuary of healing and empowerment for all women. Partnering with us means choosing more than just a service—you're contributing to the wellbeing of women who face social and health inequalities in Camden. 15% of your bookings will go directly towards our charitable purposes. And every £1,000 received that way will fund the treatment of one woman for 10 weeks.

Let us help your team thrive while you make a lasting difference.

We will be thrilled to tell you more: trustee@women-and-health.org
You can find us online at: www.womenandhealth.org.uk

