

# Community Impact

## Therapy should not be a luxury!

Women + Health provide affordable counselling, holistic therapies and community wellbeing for women. Your partnership can help ensure that cost is not a barrier.

### Your funding will go towards:

- **Affordable counselling for one year:** Help a woman access a counselling place when private therapy would otherwise be out of reach.
- **Support a Women's Circle or Yoga class for a year:** Create a regular, welcoming space for women to connect, heal and support one another.
- **Make an unrestricted local-impact contribution:** Allow W+H to direct funding where it is most needed across all our community services.

### Your support will enable:

- Affordable counselling and well-being support for women (+ men)
- Safe, welcoming community spaces for women in Camden
- The coordination, premises and admin that make services possible



## Be part of something bigger

A Community Impact Partnership is a practical investment in women's holistic health, wellbeing, and resilience in Camden. When you help a woman, you also help her family, children, and the entire community thrive.

Every £1,000 to W+H will fund the treatment of one woman for 10 weeks.

## Let's create a lasting local impact together!

We will be thrilled to tell you more: [trustee@women-and-health.org](mailto:trustee@women-and-health.org)  
You can find us online at: [www.womenandhealth.org.uk](http://www.womenandhealth.org.uk)

